

#### Viện Nghiên cứu Sinh thái Chính sách Xã hội Chương trình Đào tạo thực hành Nông dân Nông nghiệp sinh thái



#### Shampoo and Detergent Making

Present by Myo MYat







1. N70 1kg

2. Fruit or leaf 0.5kg

3. Water 8lit

4. Pale 0.1kg

5. Olive oil 4 spoon(curry spoon)

6. Honey 2 spoon(curry spoon)

7. Salt 0.9kg

8. Perfume 20 cc



#### What kind of fruit and leaf can we use?



1	Green tea leaf	Can take care of your hair
2	Red morning glory	Can sport easily to keep long hair
3	Aloe bra	Cool the head
4	Orange Forest	To clean and prevent fungus
5	Olive oil	Easy to clean hair
6	Pale	Shining hair
7	Honey	To shining hair like water
8	N70	To make bubble,
9	Salt	To keep material quality
10	Perfume	To be good smell



## Process for shampoo making



- Clean the fruit or leaf
- Boil with 2 liter of water
- Clean the boiling liquid with filter
- Keep cool
- Mix salt with 6lit of water and then clean by using filter
- Mix salt liquid and fruit or leaf liquid (fruit juice)
- Put N70 into the tank and then mix
- After N70's color is starting change put fruit liquid slowly by slowly
- Be aware on without bubble
- Continue mixing 3hr
- Nearly to finished mix perfume, olive oil, honey
- After mixing keep 8hr
- Remark: Be aware mixing to only one side





#### Detergence making/washing soap



### Required material



1. N70 1kg

2. Sour fruit 2kg

3. Water 8lit

4. Salt 1.2kg

5. Yellow pounder 0.2 kg

6. Ash wood liquid 11it







1	Sour fruit	To clean dirty
2	Salt	To keep long time quality of material
3	N70	To make bubble and easily to use
4	Ash wood	To make carbon, can clean dirty
5	Turmeric	To bright the clothes







- Ash wood 1kg
- Water 3kg
- Formula 1/3
- Mix ash wood 1 by 3 ratio water
- Keep seven day
- Take one liter of clean liquid on the top



# Process of detergence/washing soap making



- Clean the fruits
- Boil with 2 liter of water
- Clean the boiling liquid with filter
- Keep cool
- Mix salt with 6liter of water and then clean using by filter
- Mix salt liquid, fruit liquid, ash wood liquid
- Put N70 into the tank and than mix
- After N70's color is starting change put fruit liquid slowly by slowly
- Be aware on without bubble
- Continue mixing 3hr
- Nearly to finish put perfume, .....
- After mixing keep 8hr
- Remark: Be aware mixing to only one side







• Let try it .....